



Visitor Guide

Cedar Breaks Amphitheater
NPS Photo by Nancy Julian

Superintendent's Welcome

ON BEHALF OF THE NATIONAL PARK SERVICE AND ALL OUR PARK STAFF, VOLUNTEERS, INTERNS AND PARTNERS, WELCOME TO CEDAR BREAKS NATIONAL MONUMENT!

During this Centennial year, we are focusing on creating stronger relationships with our gateway and regional community partners. As part of this effort, we ask that you tell us your ideas about how to improve and protect your national parks and enhance your experiences with us.

During your visit, please chat with one of our friendly park rangers, hike a trail, attend a “star party,” or participate in one of our educational programs. This newspaper will help get you started on your journey to discover this extraordinary place. Please enjoy and respect the resources in this park. If we all do our part, those visitors who follow you will experience the same beautiful place for generations to come!

Paul Roelandt
Superintendent

Hours of Operation

***When visiting after hours, please pay entrance fees at the self pay kiosk near the Fee Station.**

Service	Time	Open Season
Visitors Center	9 AM - 6 PM (+ During Star Parties)	Late May - Mid Oct.
Fee Station	9 AM - 6 PM	Late May - Mid Oct.
Trails & Overlooks	24 Hours a Day 7 Days a Week	All Year
Restrooms	24 Hours a Day 7 Days a Week	Late May - Mid Oct.
Campground	24 Hours a Day 7 Days a Week	Late May - Late Sept. (Dependent on weather)
Highway 148	24 Hours a Day 7 Days a Week	Late May - Mid Oct. (Dependent on weather)
Highway 143	24 Hours a Day 7 Days a Week	All Year (May close temporarily due to weather)



In This Issue

Welcome & Centennial.....	1
Fees, Apps & Quick Facts	2
Ranger Programs	3
Points of Interest	4
Trails & Camping	5
Learn More.....	6
Get Involved	7
Surrounding Area.....	8

Celebrating the Centennial!



ON AUGUST 25, 2016, THE NATIONAL PARK SERVICE WILL CELEBRATE ITS 100TH BIRTHDAY!

While Yellowstone was established as our country’s first national park in 1872, it wasn’t until 1916 that a single agency was tasked with caring for our nation’s most significant scenic and cultural resources.

For decades after the establishment of Yellowstone, protection of America’s handful of national parks and monuments fell to the Department of the Interior, War Department, Forest Service, and at times even the US Army!

That changed on August 25, 1916, when President Woodrow Wilson signed the National Park Service Organic Act, creating a unified agency to manage and protect what was by then a roster of 12 national parks and more than a dozen national monuments.

Since then, the National Park Service has grown to care for more than 400 places of great natural, cultural and historical significance to the nation; including national parks, monuments, historic sites,


seashores, lakeshores, trails and much more.

As they have for the past century, new challenges continue to confront the scenic and historic treasures of our national park system. At Cedar Breaks climate change threatens to displace high-altitude, cold-loving species such as the pika and stray light from nearby towns and cities has the potential to impact our nearly pristine night skies.

You have the power to help the National Park Service protect the awe-inspiring landscapes and rich history of our country! Celebrate achievements of the past 100 years and kick off a second century of stewardship of America’s national parks. During your visit consider joining one of our daily ranger-led talks or hikes (see schedule on Page 3) or join us on a seasonally scheduled wildflower walk, artist demonstration or discussion about the rich history of Cedar Breaks National Monument.

By learning more about the story behind the scenery, you can better understand and help care for places like Cedar Breaks and ensure that our national parks will thrive for the next 100 years and beyond.

Contact Information




Cedar Breaks
National Monument
Visitor Information Center
(Late May - Mid October)
Cedar Breaks National Monument
Highway 148
(435) 586 - 0787 (Late May - Mid Oct)
(435) 586 - 9451 (Mid Oct - Late May)

E-mail: cedarbreaksinfo@nps.gov

Mailing Address &
Administrative Office
Cedar Breaks National Monument
2390 West Highway 56, Suite #11
Cedar City, Utah 84720
(435) 586 - 9451

Website: www.nps.gov/cebr

Emergencies
Dial 911, then contact a ranger at the
Fee Station or Information Center.



Cell phone reception
is not reliable in the
monument or the
surrounding area.

Entrance Fees
& Passes



Entrance Fees


0-15 Years	Free
16 + Years	\$5

Park Passes

Annual Pass	\$20
Interagency Annual Pass	\$80
Interagency Senior Pass	\$10
Interagency Access Pass	Free
Annual Military	Free
Every Kid in a Park (4th Graders)	Free

Why Do We Collect Fees?
Fees are used to improve your
visitor experience! Recent
improvements include the addition
of hot showers, newly renovated
bathrooms, handicap accessible
campsites, trails and much more!

Cedar Breaks National Monument Quick Facts	
Designation	August 22, 1933, by Franklin D. Roosevelt
Size	6,154.6 Acres (2,490.7 Hectares)
Elevation	8,000 - 10,662 Feet (2,438.4 - 3,249.7 Meters)
Visitors Per Year	630,000 (Average), 793,00 (Peak)
Average Snowfall	15 Feet (4.57 Meters)
Record Snowfall	46 Feet (14 Meters)
Why is it Called Cedar Breaks?	Mormon pioneers mistook the native juniper trees for "cedars." "Breaks" is a geologic term describing an uninhabitable area with gullies and ravines.
Why Are Most of the Trees Dead?	Combined with drought and historic wildfire suppression, native Engelmann Spruce bark beetles infested & killed many trees beginning in the mid - 1990s.
What Are the Largest Mammals?	Herbivores: Rocky Mountain Elk & Mule Deer Carnivores: Black Bears & Mountain Lions (Uncommon)
Are there any Endangered or Threatened Species?	No, but the American Pika, a member of the rabbit family, lives only in cool, high-altitude environments. They are extremely sensitive to temperature changes and are threatened by the warming climate. (See page 7 for more information.)



Every Kid in a Park

Are you a fourth grader? If so, grab your family and go enjoy your national parks for FREE! The Every Kid In A Park program offers a free annual pass for 4th grade students and their family granting free access to any federally managed land or water until August 30, 2016. Visit www.everykidinapark.gov for details and to get your voucher that can be presented at any park to obtain your pass. Kids entering fourth grade this year can get their pass beginning September 1, 2016.

Social Media & Apps

Cedar Breaks National Monument Social Media



Facebook
Cedar Breaks National Monument
<https://www.facebook.com/CedarBreaksNationalMonument>




Facebook
Cedar Breaks National Monument: Arts Afire
<https://www.facebook.com/CedarBreaksArtsAfire>




Instagram
Cedar Breaks National Monument
CedarBreaks_NPS


Cedar Breaks Mobile Applications



Wildflowers of Cedar Breaks National Monument App
Designed to provide an easy way to identify more than 100 of our most common wildflowers. You can identify flowers by picking photos out of a gallery, using lists of common and family names, or searching for flowers based on shape, color, and location. **FREE download through Google Play & iTunes.**



Scenic Drive App
This App guides you on the 6-mile drive through the park. There are nine stops where you can learn about the park's history, geology, recreational opportunities, wilderness, wildlife, plants and more. At each stop, you'll see a choice for one or two subjects of interest. Each is elaborated on using text, photos, audio, and/or videos! **FREE download through Google Play.**



Alpine Pond Trail App
This App serves as an interactive trail guide to share stories of the plants, animals, and geology of the Alpine Pond trail. After downloading, begin exploring the trail. As you hike, you'll see brown posts with white numbers. Find the corresponding number in the App to learn something interesting about the flora and fauna found at that spot! **FREE download through iTunes.**

Ranger Led Programs



Programs held from late May - Labor Day. During inclement weather, programs will be held inside the Information Center.

Program	Description	Location	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Geology Talk 20- 30 min	Learn about the mountains, structures and rocks that form Cedar Breaks.	Point Supreme	10 AM	10 AM	10 AM	10 AM	10 AM	10 AM	10 AM
Ranger Talk 20- 30 min	Ranger choice discussion about plants, animals or history of the park.	Point Supreme	12 PM	12 PM	12 PM	12 PM	12 PM	12 PM	12 PM
Naturalist Stroll 60 - 90 min	Take a short leisurely stroll with a ranger to learn about the plants, animals and/or history of Cedar Breaks.	Information Center	2 PM	2 PM	2 PM	2 PM	2 PM	2 PM	2 PM
Geology Talk 20- 30 min	Learn about the mountains, structures and rocks that form Cedar Breaks.	Point Supreme	4 PM	4 PM	4 PM	4 PM	4 PM	4 PM	4 PM
Star Party 60-90 min (May - Labor Day)	Go on a laser guided tour of the night sky and gaze at celestial objects through park telescopes!	Point Supreme	----	----	----	----	----	8:30 - 10:30 PM, July/June 8-10 PM, August	----
Evening Program 45 min	Ranger choice discussion about plants, animals or history of the Park.	Check Campground Bulletin Board	----	----	----	----	7 PM	----	7 PM
Junior Ranger Program 30 min	Kids! Join a ranger for special programs and activities & earn a Junior Ranger Badge. (Children must be accompanied by an adult.)	Information Center	----	----	----	----	3 PM (June - Labor Day)	3 PM (June - Labor Day)	3 PM (June - Labor Day)

Special Events & Activities

Wildflower Festival
July 2 - 17



The explosion of color occurring in the meadows and forests of Cedar Breaks at this time of year is cause for celebration! The meadows buzz with excitement as pollinators and people search for just the right flower or just the right photograph. Volunteers and park rangers will lead guided walks daily at 10 AM and 2 PM to highlight what flowers are currently blooming. Wildflower checklists, "What's in Bloom" handouts and photography tip sheets will be available during the festival. The Zion Natural History Association bookstore will have wildflower-themed specialty items available for purchase. Additional activities, games, and special programs will be scheduled each weekend throughout the festival.

Ranger-Led Night Sky Programs
Saturdays,
May 28 - September 3



Want to learn more about the night sky? Join park rangers for night sky programs and telescope viewing held every Saturday at Point Supreme. Beginning shortly before sunset, rangers lead a presentation on a night-sky related topic. As the skies darken, you'll have a chance to get an up-close look at celestial wonders (such as the Moon, Jupiter, Saturn, star clusters and galaxies) through park telescopes. You can also be guided on laser-powered tours of the constellations and explore celestial mythology. Dress warmly and bring a red flashlight if you have one! Visitors are also welcome to bring their own telescopes. Telescope viewing may be cancelled due to cloud cover or storms. Check at the Information Center for event updates & star gazing supplies! (See schedule above & page 6 for more information.)

Cedar Breaks National Monument
Arts Afire
July 11 - 16



Watch professional artists paint on site in Cedar Breaks National Monument! Plein air artists capture the spirit of a landscape by interpreting the natural light, color and movements of the landscape into their works. This event is free to visitors and will take place the week of July 11 - 16th in Cedar Breaks National Monument and surrounding areas. Studio pieces and Plein Air artwork created during this event will be exhibited at the brand new Southern Utah Museum of Art (SUMA), in nearby Cedar City, Utah, from July 16 to September 1. For more information about the exhibition and museum please visit <http://suu.edu/pva/SUMA/>. (See page 7 for more information.)

Bio-Blast: Bats, Birds & Bugs
June 24 - 26



Assist in finding and identifying various species of bats, birds and insects found in and around Cedar Breaks! Local field experts will guide you on scientific expeditions to inventory plants and animals found in the park. There will also be family friendly activities near the information center to educate and entertain all ages. Check in at the information center for more details.



Anybody at Any Age Can Become a Junior Ranger!

To earn your badge follow these steps. • Pick up your free copy of Jr. Ranger workbook at the Park Information Center • Complete the number of fun-filled activities. The booklet lists activities required for your age. • Attend one ranger program. • Bring your completed workbook back to the information center and be sworn in and get your badge!

Are you already a Cedar Breaks Jr. Ranger? Then check-out our Night Explorer program (if you're not afraid of the dark!) Details can be found at the Park Information Center.

Points of Interest

Trailheads & More



① Rattlesnake Creek Trail

This strenuous Forest Service trail descends 3,500 feet over the course of 9.8 miles. It begins just outside the monument's northern boundary and ends in the Ashdown Gorge Wilderness Area. This trail is not for beginners. (See page 5 for more information.)



② North View Overlook

This scenic overlook offers views across the monument toward Point Supreme. Brian Head Peak can be seen directly behind you and can even be driven up to an elevation of 11,307 feet! (3,446 meters.)



③ N. Alpine Pond Trailhead/ Winter Ranger Station

Located at the northern trailhead for the Alpine Pond hike, the Winter Ranger Station is a traditional winter shelter or yurt and provides a meeting space for winter visitors and some summer activities. It is open and staffed by volunteers December - March, on most weekends (weather permitting).



④ S. Alpine Pond Trailhead

This figure-eight trail is a family favorite. Trailheads can be found at the Chessmen Ridge Overlook and the Winter Ranger Station. The entire trail is a 2-mile loop. (See page 5 for more information.)



⑤ Chessmen Ridge Overlook

The name "Chessmen" comes from the rock formations that resemble chessboard pieces. Bristlecone pines can be seen a short distance up the Alpine Pond Trail.



⑥ Sunset View Overlook

This viewpoint offers a more secluded experience of the Cedar Breaks Amphitheater and bristlecone pines.



⑦ Picnic Area

Scenic picnicking can be found just off Highway 148 next to the Point Supreme Campground. Located in a picturesque meadow; tables, drinking water and grills for cooking are provided.



⑧ Point Supreme Campground

The Point Supreme Campground is generally open from Mid June - late September. (See page 5 for more info.)



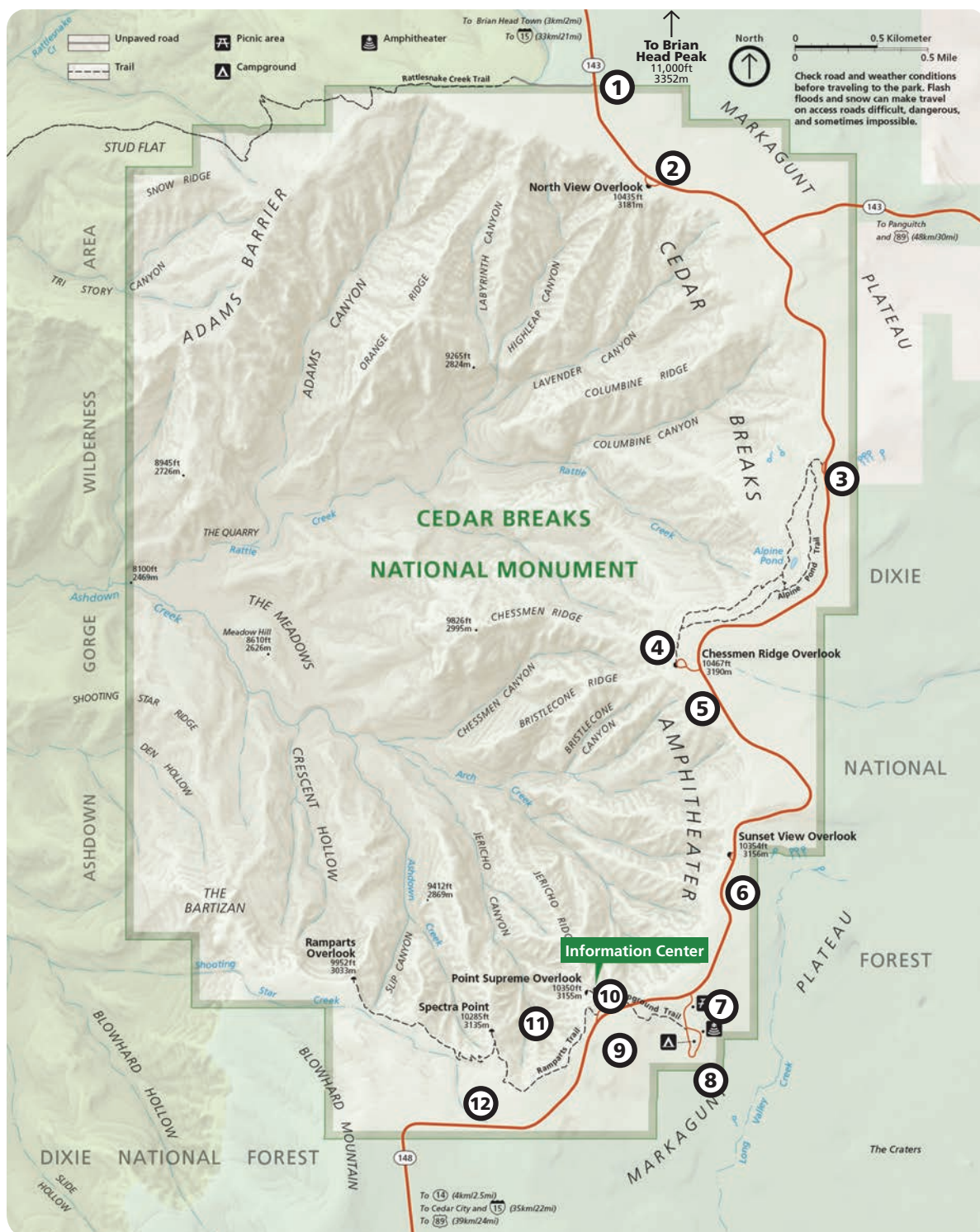
⑨ Campground Trail

An easy trail, this path connects the Point Supreme Campground with the Information Center and runs through beautiful meadows and stands of subalpine trees. Round-trip distance is 1-mile. (See page 5 for more information.)



⑩ Point Supreme Information Center

This historic 1930s log cabin is a photo favorite housing the park bookstore. Rangers are present to answer questions.



⑪ Point Supreme Overlook

This overlook offers the best view of the Cedar Breaks amphitheater. It is also the location for most daily ranger programs.



⑫ Spectra Point/Ramparts Trail

This is a strenuous out-and-back hike along the rim of the amphitheater. The 4-mile round trip has an elevation loss of about 400 feet (122 m) from the trail head to the Ramparts Overlook. (See page 5 for more information.)

Lightning is Dangerous!



If the time between a lightning flash and sound of thunder is 30 seconds or less, take cover in a building or car. If not near a shelter, find a low lying area & avoid all trees (If you cannot, avoid the tallest trees.)

Please Do Not Pick the Wildflowers!



Picking Wildflowers...

• Will reduce a plant's ability to reproduce and will adversely affect its long-term survival in that location.

• Can harm pollinators and other animals that depend on that species for food and cover.

• Prevents other visitors from enjoying a healthy wildflower population.



Point Supreme Campground

The campground is located about ½ mile east of the Information Center on Highway 148 and is open from Mid June - late September (depending on weather). The cost per night is \$18.00 (\$9.00 with a Senior or Access Pass). Ten sites can be reserved online six months in advance at www.recreation.gov. The remaining 15 sites are available on a first-come, first-served basis. A small number of campsites can accommodate RVs; however, there are no water or electric hook-ups. Flush toilets, showers, and firewood (donations appreciated) are available to all campers.

Others campgrounds are available nearby in the Dixie National Forest (Each of these have tent & RV campsites, but hook-ups are not available.)

- **Duck Creek Campground:**
Located 16 miles (26 km) to the southeast of Cedar Breaks on Highway 14.
- **Cedar Canyon Campground:**
Located 12 miles (19 km) to the west of Cedar Breaks on Highway 14.
- **Panguitch Lake Campground:**
Located 17 miles (27 km) northeast of Cedar Breaks along Highway 143.

Trail Guide



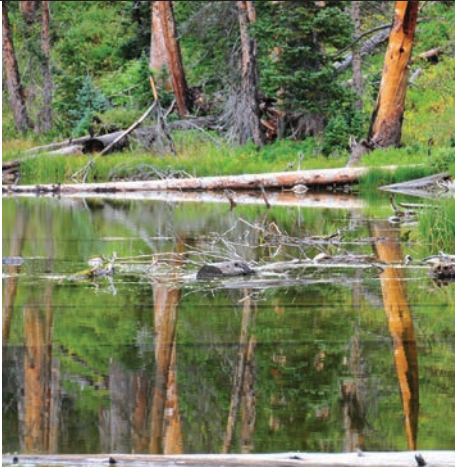
Campground Trail

1 Mile (1.6 Km) Distance Round Trip.

This easy trail connects Point Supreme Campground and the Information Center. It is the monument's only pet-friendly trail (all pets must remain on a leash, six feet in length or less). The section between the information center and the Scenic Road crossing is wheelchair accessible (ADA Compliant.)

Leaving from the Information Center, the trail stays near the rim of the amphitheater before crossing UT 148. It descends through meadows and majestic stands of subalpine fir, Engelmann spruce, and quaking aspen before arriving at Point Supreme Campground.

Although the Campground Trail is short, it is the only trail that allows hikers to experience all three of the monument's rim habitats: the amphitheater, spruce-fir-aspen forest, and meadows. For this reason, the Campground Trail provides great variety in wildflower species and is a favorite of wildflower enthusiasts.



Alpine Pond Trail

2 Miles (3.2 Km) Distance Round Trip.

This easy 2-mile double-loop trail meanders through the forests and meadows, and trailheads are located at Chessmen Ridge Overlook and the by the Winter Ranger Station. From either trailhead, the trail splits into a flat upper route that weaves in and out of subalpine meadows and a lower route that descends into a spruce-fir forest. Both routes feature the Alpine Pond, a lush spring-fed water source that supports many plants and animals. A series of short switchbacks connects the upper and lower loops at the pond. The distance from either trailhead to the pond is one-half mile.

The Alpine Pond Trail provides a unique opportunity for self-guided learning. A trail guide is available for purchase at the Information Center and at both trailheads. Also you can download **The Alpine Pond Trail App**, a mobile application developed to serve as an interpretive guide to the trail. (Read more about the App on page 2.)



Spectra Point & Ramparts Trail

4 Miles (6.4 Km) Distance Round Trip.

This is a strenuous out-and-back hike along the rim of the amphitheater, featuring sweeping views of the monument's spectacular geology.

The trailhead is located at the south end of the Information Center parking lot. The trail climbs and descends for one mile to Spectra Point. Hikers may then continue down a short series of switchbacks before leveling out over the next mile to Ramparts Overlook.

The Spectra Point Trail provides a unique perspective of high-elevation life. Low-growing cushion plants cling to the exposed limestone; playful marmots sun themselves outside their burrows; old bristlecone pines stretch their gnarled branches into the sky. One of the Spectra Point bristlecones has the widest girth of any known in Utah!



Rattlesnake Creek Trail

9.8 Miles (15.7 km) Point to Point

This trail is located just outside the monument's northern entrance on Highway 143 and requires advance planning, supplies and map reading skills. The trail runs along the ridge of the amphitheater before plunging into the forest of the Ashdown Gorge Wilderness to Rattlesnake Creek until it joins Ashdown Creek and then Ashdown Gorge. Finally the trail joins Coal Creek and ends at mile marker 7 on Highway 14.

The trail crosses through state, federal and private lands. Camping is allowed in the Ashdown Gorge Wilderness but not in the Cedar Breaks amphitheater or on private lands. Hikers should check for flash flood warnings before entering the gorge and use caution during inclement weather.

For more detailed information, contact the Dixie National Forest at (435) 865-3200.

Climate													2016 National Park Service CENTENNIAL	
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec		
Average High (F°)	30°	32°	38°	43°	53°	65°	70°	69°	60°	47°	35°	29°		
Average Low (F°)	10°	11°	15°	19°	27°	35°	42°	42°	34°	24°	15°	10°		
Record High (F°)	49°	51°	57°	64°	79°	80°	88°	86°	74°	68°	60°	45°		
Record Low (F°)	-16°	-18°	-10°	-10°	4°	17°	26°	27°	1°	0°	-10°	-12°		



Cedar Breaks sits at over 10,000 feet (3,048 Meters) in elevation!

Hiking at high altitude can be up to 20° cooler and more physically challenging than in nearby parks.

Remember: drink plenty of water, make frequent rest stops, and apply sunscreen to protect against stronger UV rays.

New Trail at Cedar Breaks



We are excited to announce that Cedar Breaks will begin construction this summer on a new paved ADA handicapped accessible

trail. The "Sunset Trail" will connect to the existing Point Supreme to Campground Trail, the picnic area and out toward the rim to the Sunset Overlook.

"ADA accessible" means that people of all ages and abilities will have the opportunity to enjoy a walk in the woods. The trail will be built to minimize steep grades and provide gentle slopes and rest areas especially designed for people who use wheelchairs

or other mobility devices. The trail meanders through the forest and near the amphitheater rim which offers spectacular views. It also traverses through natural meadows, making it an ideal hike to see wildlife as well as wildflowers. And of course the views from the overlook (especially at Sunset!) are stunning.

Construction will begin this spring and continue over the summer and fall seasons. Please be cautious of machinery and workers in the area and obey all posted speed limit and construction area signs. The trail is not likely to be completed by the end of this season, so we hope to see you back next summer to experience our new trail!



Photo by Mike Saemisch

Night Skies at Cedar Breaks



YOU'VE HAD A GREAT DAY EXPLORING THE WONDERS OF CEDAR BREAKS AND DON'T WANT YOUR ADVENTURE TO END.

There's good news: it doesn't have to! Beyond the hoodoos, wildflowers, and wildlife, Cedar Breaks protects another treasure that doesn't reveal itself until after the sun goes down: a star-filled night sky.

Our remote location and high elevation combine to produce an amazingly dark and inspiring night sky, one not far removed from what our ancestors would have seen prior to the invention of electric lights. In order to protect this dark sky oasis, the monument has installed night-sky friendly lighting fixtures. This ensures that light is aimed down at the ground where it is needed for

safety and security while preventing light from escaping where it goes to waste and interferes with our ability to enjoy the night sky. Bright lights aren't just a problem for stargazers and astronomers. Research has shown that excessive nighttime lighting can have a negative effect on the well-being of nocturnal wildlife, such as bats and owls. Too much light at night can also affect OUR health by suppressing the production of hormones that we need to sleep and disrupting our natural circadian rhythm.

To learn more about how the National Park Service is helping preserve dark skies, visit www.nps.gov/nsnsd Also the Point Supreme Information Center will be open during star parties for all your star gazing needs!

Field Institute Classes

THE ZION CANYON FIELD INSTITUTE (ZCFI) PROVIDES DOZENS OF HANDS-ON ONE-TO THREE-DAY SEMINARS EACH YEAR THROUGH THE NON-PROFIT ORGANIZATION ZION NATURAL HISTORY ASSOCIATION (ZNHA).

Participants can expect their workshop to be led by an expert in the field of instruction as well as limited class sizes.



Students will hopefully enjoy the bloom at its peak, as they learn to identify some of the more common species and gain an understanding of their habitats.

On July 11th literary and photographic artists will have an opportunity to be creative as there are two classes offered, Wildflower Journaling and Wildflower Photography.

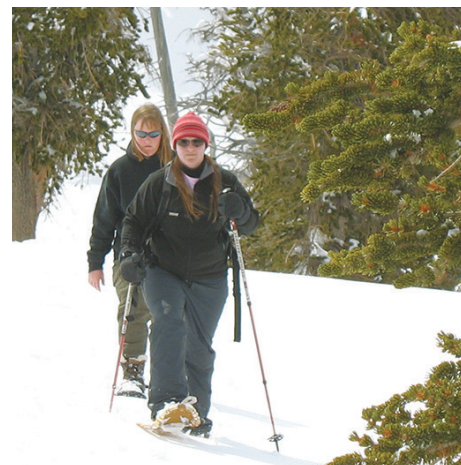
During July, the Zion Canyon Field Institute moves to the cooler temperatures of Cedar Breaks where five classes will be offered as the annual Wildflower Festival begins.

July 9th starts things rolling with a clinic on Cedar Mountain Wildflowers. This class features professor & botanist, Matt Ogburn.

Finally, July 23 brings Cedar Breaks Geology with Geologist Ben Everitt. Escape and learn some interesting facts about the Cedar Breaks ecosystem!

For more information about ZNHA and the ZCFI please call (435) 772-3264 or go to www.zionpark.org.

Winter Recreation



WITH MORE THAN 15 FEET OF SNOW, DAZZLING SUNSHINE, AND PURE SOLITUDE, WINTER AT CEDAR BREAKS OFFERS MANY EXCITING RECREATIONAL OPPORTUNITIES!

How to Access Cedar Breaks in the Winter

Because the park road & facilities are buried under snow, Brian Head is the most convenient route to a powdery paradise. Scenic Highway 148 is groomed during the winter, providing easy access to the monument for snowmobilers, skiers and snowshoers (All winter explorers are expected to stay on marked trails.)

Winter Ranger Station

Also known as the yurt, the Winter Ranger Station is located less than 1 mile from the parking area on the north end of the monument. It is staffed by volunteers on Saturdays and Sundays from December-March. It provides a gathering place for winter enthusiasts to warm-up, enjoy hot cocoa or cider and learn about the area. Like any winter activity, Winter Ranger Station operations are dependent on weather.

Ranger Guided Snowshoe Walks

In January and February, Cedar Breaks rangers lead snowshoe walks from Highway 143 to the Winter Ranger Station and back, a 2-mile (3.2 km) round trip. This family-friendly activity is a great way to experience winter in the mountains. Snowshoes are provided! Check the park calendar at <http://www.nps.gov/cebr/> for upcoming hikes and other events! For more information on winter activities visit: <http://www.nps.gov/cebr/winter-activities.htm>

Pikas in Peril



NPS Photo by Anne Schonlau

THE AMERICAN PIKA IS A SMALL MAMMAL THAT LIVES IN COOL HIGH-ELEVATION CLIMATES LIKE CEDAR BREAKS. A relative of the rabbit, pikas have small round bodies and short rounded ears. Pikas do not hibernate; instead, they depend on a stockpile of dried plants to survive the harsh winter months underground. This strategy requires a large food storage of grasses and plants, which pikas spend the summer months gathering.

Although their dense fur is well adapted for cool, high-elevation areas, it renders them susceptible to lethal heat stress in temperatures 80°F or higher. Climate change has forced many pikas to travel upslope to higher elevations; however, some pika communities become trapped on mountain “islands” and are unable to migrate the long distance to other suitable habitats.

How Can You Help?

Cedar Breaks has a small pika population and data needs to

be collected to document and understand if and how they are currently being affected by climate change. If you are interested in helping preserve and protect these cute critters, consider “adopting!



Join our Adopt a Pika Program

By joining the Adopt-a-Pika program, you can help protect these cute critters! Beyond the cuteness factor, the pika is an important indicator of the overall health of mountain ecosystems. With a \$12 donation, you will help us understand the effects of climate change and receive:

- A plush pika.
- A personalized certificate.
- A great feeling that comes with making a difference in Cedar Breaks National Monument!

To enroll, please visit the Cedar Breaks National Monument Information Center.

Cedar Breaks Arts Afire



Painting by J. Brad Holt

TO CELEBRATE THE NATIONAL PARKS 100TH BIRTHDAY, CEDAR BREAKS, THE SOUTHERN UTAH MUSEUM OF ART (SUMA) AND BRIAN HEAD TOWN ARE OFFERING A UNIQUE CENTENNIAL EVENT!

Ten artists from throughout the Colorado Plateau have been selected to paint in Cedar Breaks National Monument and surrounding areas from July 11 - July 16. Beginning on the 16th, there will be a wet paint sale and reception at SUMA.

These artists will paint “Plein-Air” meaning open air in French. Plein air artists capture the spirit and essence of a landscape by interpreting the natural light, color and movements of their subjects. In addition to creating landscape art on location, these painters will also be raising money to support SUMA and youth programs at Southern Utah University and Cedar Breaks National Monument.

Demonstrations & Events

Artists Painting in Cedar Breaks
July 11- 15 • All Day

Artist Demonstrations at
Point Supreme, Cedar Breaks
July 12-15 • 10:00 AM

Artist Demonstration at the Southern
Utah Museum of Art, Cedar City
July 12-15 • 1:00 PM

Plein Air Art Silent Auction at Giant
Steps Lodge, Brian Head
July 15 • 12:00 – 4:00 PM

Plein Air Art Exhibition & Sale

Exhibition & Sale of Artists’ Studio
Paintings at SUMA, Cedar City
July 7 - 14 • 10:00 AM - 8:00 PM

Plein Air Exhibition and Wet Paint Sale
at SUMA, Cedar City
July 18 – Sept. 1 • 10:00 AM - 8:00 PM

Read more about this event at:
<http://www.nps.gov/cebr/planyourvisit/cedar-breaks-national-monument-plein-air-art-event.htm>

Or follow us on Facebook at:
<https://www.facebook.com/cedarbreaksartsafire/>

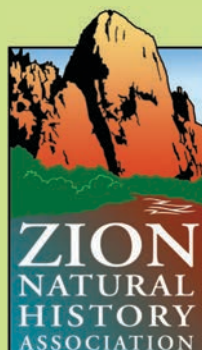
The Southern Utah Museum of Art (SUMA) is part of the Beverley Center for the Arts, located at Southern Utah University in Cedar City, UT.

It is at the corner of 300 W. and University Blvd.
Learn more at <http://suu.edu/SUMA>

Zion Natural History Association

Cedar Breaks’ official park partner, Zion Natural History Association (ZNHA), is a nonprofit organization established in 1929 to support education, research, publication, and other programs for the benefit of Zion National Park, Cedar Breaks National Monument, and Pipe Spring National Monument.

Your purchases and donations assist ZNHA in supporting Cedar Breaks. The ZNHA bookstore located in the Information Center provides an opportunity to purchase books and souvenirs about Cedar Breaks National Monument and surrounding parks.



Become a member of ZNHA and receive a 20% discount on all merchandise at the bookstore. In addition, members receive a 10% discount at cooperating bookstores in other National Park units across the country. Financial support by ZNHA members combine with the sale from their bookstores to provide the parks with approximately \$800,000 in aid annually.

To learn more about ZNHA or to become a member, stop by Point Supreme and the Cedar Breaks Information Center or visit <http://www.zionpark.org/>

① Dixie National Forest (Surrounding)

Surrounds Cedar Breaks National Monument and provides recreational opportunities including camping and fishing. Campgrounds are located in Cedar Canyon and Duck Creek Village. For more information, call the Cedar City Ranger District Office: (435) 865-3200.

② Frontier Homestead State Park Museum (45 min)

Travel through time with the Frontier Homestead's massive collection of horse-drawn vehicles. Imagine yourself as a stagecoach driver or a pioneer crossing the plains in a covered wagon. Experience life on the frontier with interactive displays and exhibits.

③ Parowan Gap Petroglyphs (45 min)

You approach the petroglyphs at Parowan Gap along an ancient trail. In prehistoric times the gap was used by peoples living in the Parowan Valley as a convenient passage through the Red Hills. Yearly migrations passed here on their way west to harvest desert resources.

④ Southern Utah University (45 min)

Come explore The Garth and Jerri Frehner Museum of Natural History and discover more about the flora and fauna of our region. Or visit the brand new Southern Utah Museum of Art and view masterpieces depicting our National Parks and more!

⑤ Kolob Canyons, Zion National Park (1 hour)

The less visited Kolob Canyons section of Zion NP is located at Exit 40 on Interstate 15, 40 miles north of Zion Canyon and 17 miles south of Cedar City. A five-mile scenic drive along the Kolob Canyons Road allows visitors to view the crimson canyons and gain access to various trails and scenic viewpoints.

EXPLORE 5 MORE

Celebrate the National Park Service Centennial

With the combined effort of over 25 parks and organizations in the Grand Circle area of Arizona, Nevada and Utah; PARKS100 is celebrating the NPS Centennial in a new way. We have created a community, locally and online, to help you explore more of our area and find all types of parks, as well as local Centennial events, suggested itineraries, visitor centers, and our hidden gems.

Venture Out & Explore Five More™

Don't miss our hidden gems! Within a short drive of Cedar Breaks National Monument (and each of our beloved national parks) are five more incredible outdoor places to explore. Make them part of your journey...

Plan Your Visit Locally & Online

Find Parks100 on Facebook, Twitter and Instagram, as well as at www.parks100.com.

Cedar City, Utah
581 North Main St.
(435) 586-5124
visitcedarcity.com

Panguitch, Utah
55 South Main
(800) 444-6689
brycecanyoncountry.com

WWW.PARKS100.COM

DIXIE NATL FOREST (Surrounding)

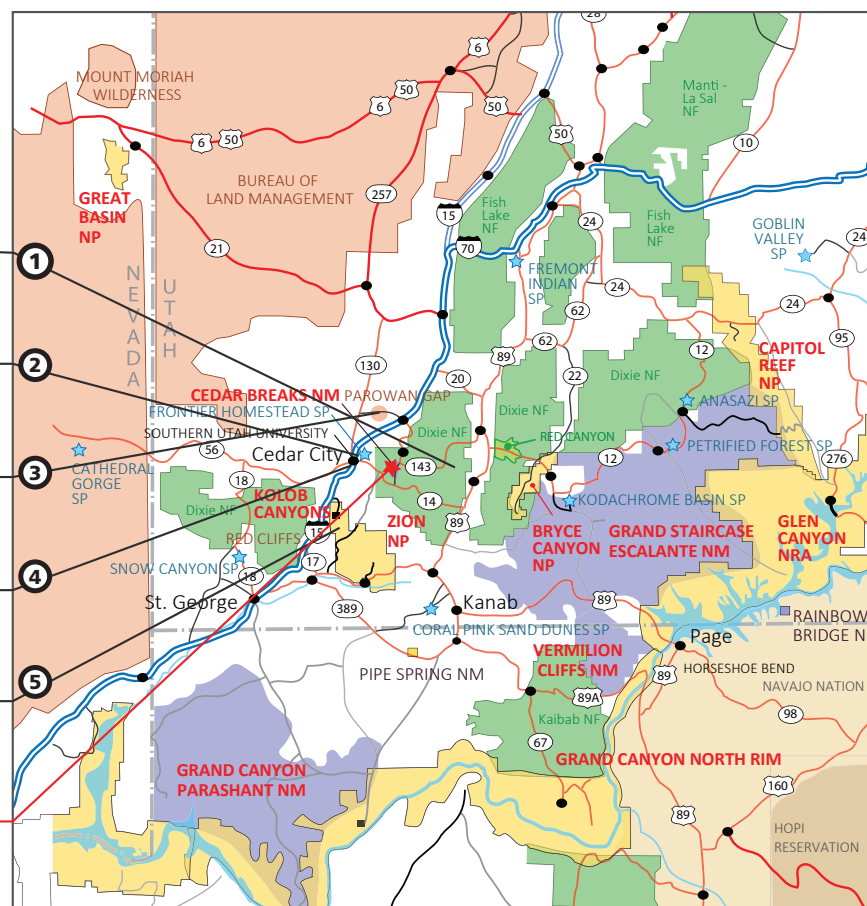
FRONTIER HOMESTEAD SP (45 minutes)

PAROWAN GAP PETROGLYPHS (45 minutes)

SOUTHERN UTAH UNIVERSITY (45 minutes)

KOLOB CANYONS, ZION NATL PARK (1 hour)

CEDAR BREAKS NATIONAL MONUMENT



Explore Even More...

INFORMATION CENTERS



GARFIELD COUNTY TRAVEL COUNCIL

Located in the Garfield County Courthouse, 55 South Main Street, Panguitch. (435) 676-1150

NEARBY TOWNS & SERVICES



BRIAN HEAD TOWN

A winter skiing community with fantastic mountain biking and hiking in the summer. Services include lodging and restaurants. During summer months, a short unpaved road allows visitors to experience stunning views from Brian Head Peak. (Distance from Cedar Breaks: 8 miles)

DUCK CREEK VILLAGE

Miles of ATV trails, great camping, and visitor services, such as groceries and fuel, can be found in this small community. (Distance from Cedar Breaks: 15 miles)

CEDAR CITY

Also called the "Festival City," this community plays host to cultural and arts festivals year round. There are many options for lodging and restaurants in addition to grocery stores and gas stations. (Distance from Cedar Breaks: 25 miles)

FORESTS & RECREATION AREAS



RED

CANYON RECREATION AREA

Located near Bryce Canyon, Red Canyon boasts much of the same scenery but has several more options for recreation. The area offers an extensive system of ATV and mountain biking trails as well as camping, guided nature hikes, and evening star programs. (Distance from Cedar Breaks: 40 miles)

THREE PEAKS RECREATION AREA

Three Peaks embodies the BLM's mission of multiple uses for public land with miles of ATV and equestrian trails, a radio controlled aircraft flying field, covered campsites, and playgrounds. (Distance from Cedar Breaks: 40 miles)

NAVAJO LAKE

Navajo Lake is a wonderful getaway for fishing, camping, and picnicking. Due to the high elevation, it remains cool through the summer months. (Distance from Cedar Breaks: 18 miles)

YANKEE MEADOWS RESERVOIR

Yankee Meadows Reservoir has great fishing and two campgrounds. (Distance from Cedar Breaks: 16 miles)

PANGUITCH LAKE

One of Utah's best fishing grounds along with camping, hiking, and more. (Distance from Cedar Breaks: 15 miles)

STATE PARKS



KODACHROME BASIN STATE PARK

Named in 1948 after the popular camera film, Kodachrome Basin State Park boasts an amazing panorama of red rock pillars and blue skies. Horseback riding, mountain biking, and hiking are popular activities. (Distance from Cedar Breaks: 73 miles)

SNOW CANYON STATE PARK

Black lava flows and red and white sandstone canyons make for great horseback riding, hiking, technical climbing, and year-round camping. (Distance from Cedar Breaks: 98 miles)

ESCALANTE PETRIFIED FOREST STATE PARK

Home to Wide Hollow Reservoir and an amazing petrified forest, this park is a must for fossil enthusiasts. (Distance from Cedar Breaks: 99 miles)

NATIONAL PARKS



BRYCE CANYON NATIONAL PARK

Bryce Canyon is renowned for its amazing hoodoos, spires, and arches carved from brightly colored rock that provide a great setting for hiking, scenic drives, photography, and camping. (Distance from Cedar Breaks: 60 miles)

GRAND STAIRCASE ESCALANTE NATIONAL MONUMENT

At 1.9 million acres, this is the largest of all national monuments! Scenic viewing, hiking, mountain biking and horseback riding are popular activities. (Distance from Cedar Breaks: 74 miles)

ZION NATIONAL PARK

Zion is one of the most visited locations in Utah and has some of the most famous scenic hikes in the world, including Angel's Landing Trail and Zion Narrows. (Distance from Cedar Breaks: 93 miles)

GREAT BASIN NATIONAL PARK

Experience towering peaks, ancient bristlecone pines, glacial moraines, desert solitude, the smell of sagebrush after a storm, the darkest of night skies, and the beauty of Lehman Caves. (Distance from Cedar Breaks: 170 miles)